Care Dolls

Sewing pattern for simple dress & knickers



OKT SIMPLE DOLL DRESS AND KNICKERS 2021

This simple smock dress and knickers pattern has been placed on a 1cm square grid for correct sizing... please check that when printing it out that the squares are 1cm square.

The length of the sleeves can be made longer or shorter and elastic can be optional on the end of the sleeve.

Requirements:

About 25cm of fabric or a fat quarter. 15cm \times 50cm Extra for the knickers About 40cm of elastic (6-8mm wide)

Matching thread

2 safety pins

Sharp scissors

sewing machine

Overlocker (optional)

The Front and back are the same... cut out on the FOLD a front and a back therefore two pieces of the same pattern as well as two sleeve pieces also cut on the FOLD.

With right sides facing each other, pin and sew one side of the sleeve curve to one side of the front and one side of the back so that both front and back curve has a sleeve attached.

If you have an overlocker neaten these curves and all raw edges if you do not have an overlocker, fold each hem over ¼ inch and press... this includes the neck opening.

With right sides facing pin and stitch down each side from hem to the end of the sleeve... neaten if you have an overlocker.

If you want elastic around the end of the sleeve Fold over an approx. 12mm casing at the bottom of each sleeve by folding up and stitching (leaving an opening approx 5cml long to thread elastic through (This can be left off if elastic at the bottom each sleeve is not required...if so just fold up and hem)

Fold, press and sew an approx. 12mm casing around the neck edge for elastic also leaving an opening of about 5-7mm.

Hem around the bottom of the dress

Cut two 10cm lengths of elastic for the sleeves and an 18cm length of elastic for the neck, With a safety pin on each each end of the elastic thread the two

10cm lengths through each sleeve casing... remove the safety pins and sew the ends together by hand stitching... then close the opening either by hand or machine... Using the longer length of elastic with a pin on each end thread it through the neck casing... remove the safety pins and hand sew the ends together to join and close the opening by hand or machine.

KNICKERS

Requirements

15cm x 50 cm piece of lace or fabric 16cm piece of 5-8mm elastic

As the dolls have no bottom the front and back are alike.

Cut two pieces of the pattern.

With the right sides facing, pin and sew along both curved pieces.

these are the centre front and back seam.... Either overlock or fold the waist and leg hems over ¼ inch... fold the leg hem over again and stitch all the way around

Open the knickers up so that the front and back seam are centre and pin and stitch around the inner leg.

Fold the waist over again to form a casing and sew down leaving a 5-7cm opening to thread 16 cm of elastic with a safety pin on each end all the way through... remove the safety pin and hand stitch the two ends of the elastic together,,, close the opening by machine or by hand. Turn right side out.

SHOES/SLIPPERS

Requirements

Approx 20cm of felt

Cut out two soles and two sides.

With the right sides facing each other Sew the two ends of the back together for both shoes.

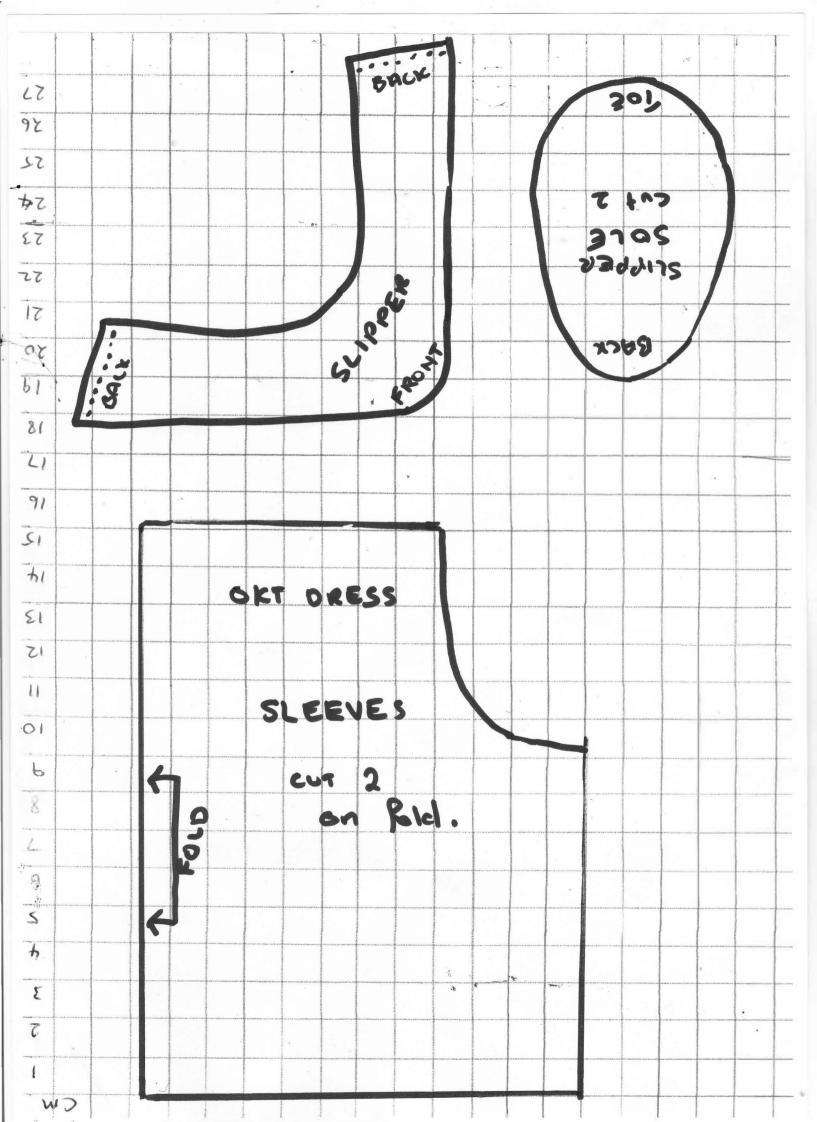
With the right sides facing (the back seam facing you) and the back seam at the back of the sole... pin and then sew all the way around. Remove the pins and check that the sole has been sewn to the top of the shoe all the way and that there are no gaps.

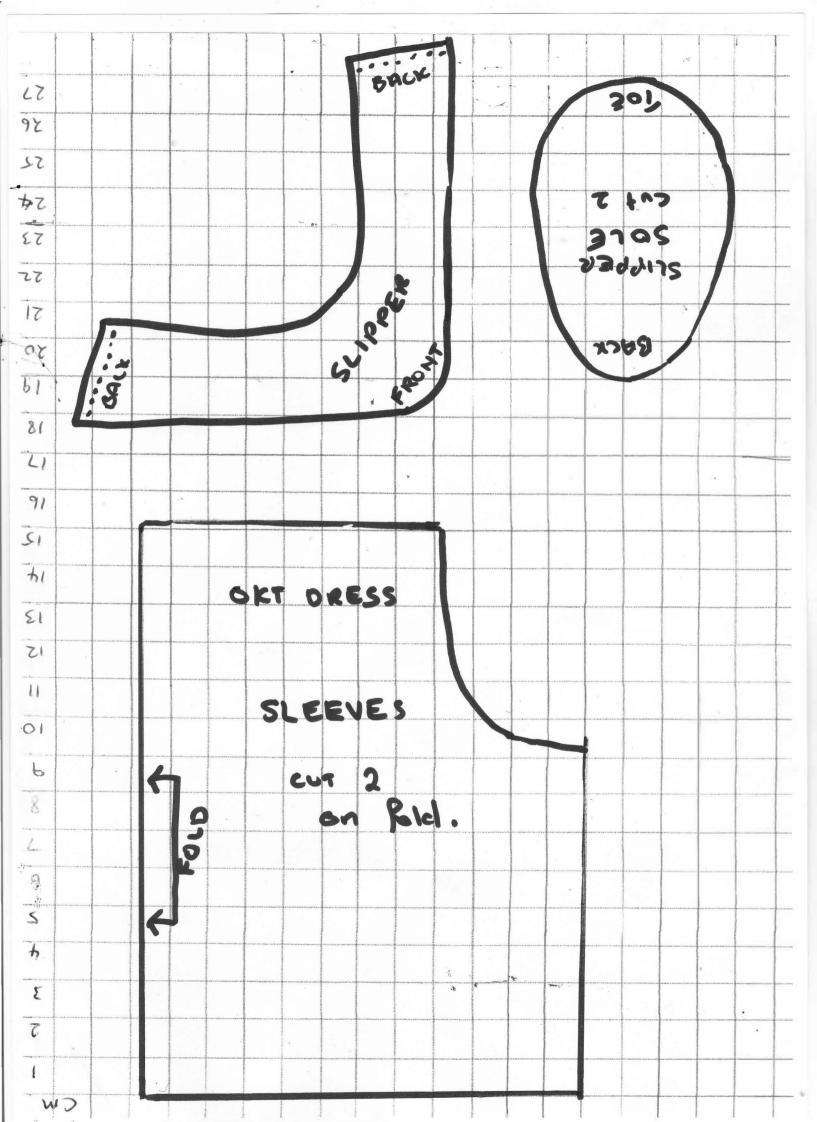
Turn right side out... repeat for the other shoe.

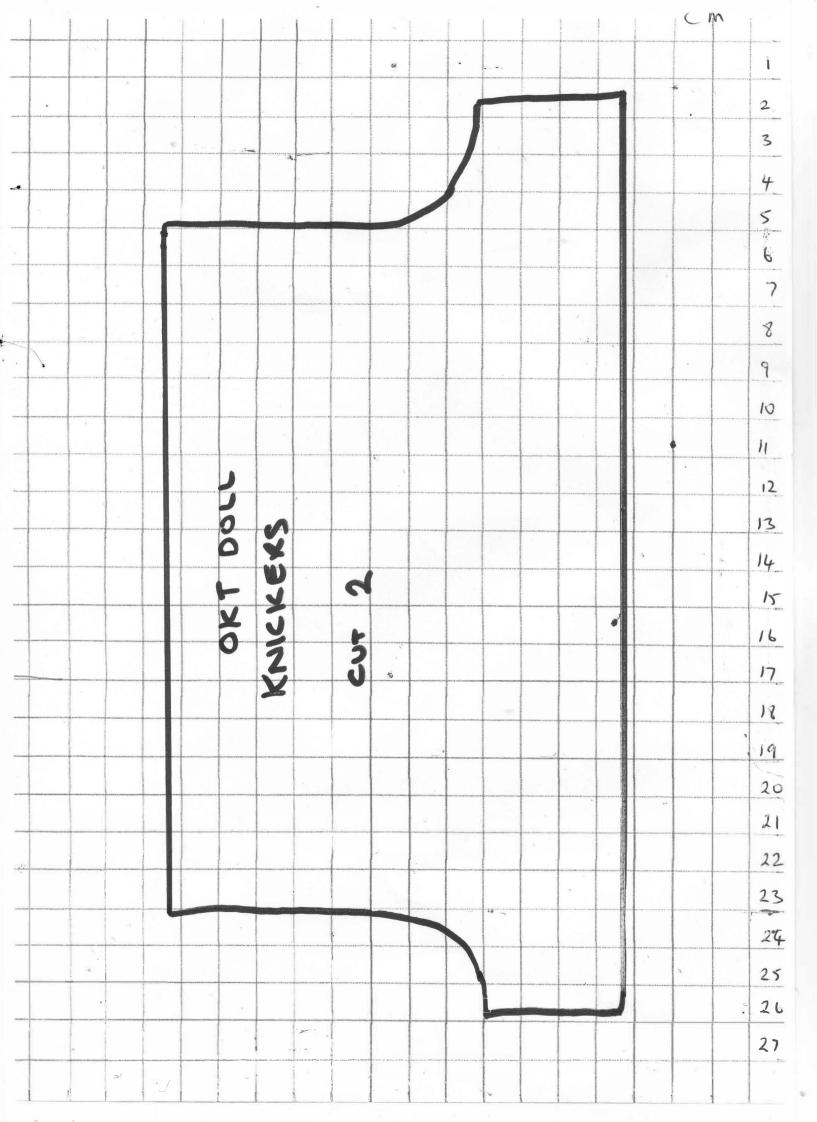
Decorate your shoe if you like with a small button or bow on the front.

Place the shoe on the OKT doll and hand sew onto the foot all the way around.

along both curved pieces.







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